

PSYCHOLOGICAL FIRST AID (PFA)

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WSASP FRIDAY OCTOBER 30, 2009
PART I 2:30-4:00 PART II 4:15-5:45

PFA PART I INTERVENTION CONSTRUCTS

CONTINUUM OF INTERVENTIONS
PROCESSING STRESS *REACTIONS*
PROMOTING RESILIENCY
ACUTE REACTION STABILIZATION
DEVELOPING COPING SKILLS
TRIAGE AND REFERRAL
COMPASSION FATIGUE ISSUES

INTERVENTION TRAINING

AMERICAN RED CROSS
PSYCHOLOGICAL FIRST AID
COPING WITH DEPLOYMENTS
DISASTER MENTAL HEALTH
CRITICAL INCIDENT STRESS MANAGEMENT
NATIONAL ASS'N FOR VICTIM ASSISTANCE
MEDICAL RESERVE CORPS

DISASTER MENTAL HEALTH

SCHOOL PSYCHOLOGISTS ELIGIBLE
AMERICAN RED CROSS 'FUNCTION'
NO OBLIGATION
NO COST FOR TRAINING
(FREE CONTINUING ED UNITS)

PFA PART II COMPARING INTERVENTIONS

BRIEFLY REVIEW PFA PRINCIPLES
BRIEFLY REVIEW PFA METHODS
AVOIDING PITFALLS
TEST & EVALUATE EFFECTIVENESS
RESOURCES & TRAINING OPPORTUNITIES

FINE TUNING PFA TECHNIQUES

ACTIVE COMMUNICATION
WHAT **NOT** TO SAY
NONVERBAL COMMUNICATION
LIMITATIONS OF THE 'F' WORD
DEVELOPMENTAL ISSUES
DO NO HARM
LIABILITY ISSUES

TESTING (TRYING OUT) PFA

WALK THROUGH DEMONSTRATION
SMALL GROUP SCENARIO(S)
AFTER ACTION REVIEWS OF METHODS
DEVELOPING PFA 'HYBRIDS'

RESOURCES & TRAINING

DISASTER MENTAL HEALTH TRAINING
ON-LINE PROGRAM DESCRIPTIONS
PRESENTER PFA 'VIRTUAL' MATERIALS
(COPY TO YOUR "THUMB DRIVE")